# A Mix of Volatility and Inflation Could Cause Anxious Investors to Miss Out on Growth 

The last time inflation was $10 \%$ was in February of 1979. Back then, a suffering economy and a volatile market added to investors' anxiety. This graph illustrates five choices an equity investor could've made at that time. While the seemingly "safer" investment choices of bonds, cash, or gold may have provided temporary relief, they fell behind equity and balanced investors over the long term.

Five Reactions to 10\% Inflation in 1979

- Equity Investor: S\&P 500 Index

■ Balanced Investor: 50\% S\&P 500 Index and 50\% Bloomberg US Aggregate Bond Index

- Bond Investor: Bloomberg US Aggregate Bond Index
- Gold Investor: S\&P GSCI Gold Index
- Cash Investor: 30-Day T-Bills (IA SBBI US 30 Day TBill)

Past performance does not guarantee future results.
Source: Inflation-US Department of Labor via FactSet; Morningstar, 2021. Indices are unmanaged and not available for direct investment.
See back page for index descriptions.

## Talk to your financial professional today about how you can avoid short-term decisions that could hurt your long-term results.

Bloomberg US Aggregate Bond Index is comprised of government securities, mortgage-backed securities, asset-backed securities, and corporate securities to simulate the universe of bonds in the market.
IA SBBI US 30 Day TBill The index measures the performance of a single issue of outstanding Treasury Bill which matures closest to, but not beyond, one month from the rebalancing date. The issue is purchased at the beginning of the month and held for a full month; at the end of the month that issue is sold and rolled into a newly selected issue. The index is calculated by Morningstar and the raw data is from WSJ.
S\&P 500 Index is a market capitalization-weighted price index composed of 500 widely held common stocks.
S\&P GSCI Gold Index is a sub-index of the S\&P GSCI, provides investors with a reliable and publicly available benchmark tracking the COMEX gold future.
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